

Reiki Sessions with Debora



The word REI means universal, and the word KI means life energy, also known as prana or chi. Reiki was discovered in Japan by Dr. Mikao Usui in the early 1900' s.

This technique of energy healing is done by the laying on hands approach. The practitioner channels universal life force through their body for the treatment of the receiver.

Reiki harmonizes imbalances on the energetic field as well as it brings deep relaxation and stress relief in the physical and mental level, promoting different levels of healing.

